

Use the Breemie Labyrinth for Problem Solving

Before You Start

Take a moment to consider the question or problem that you would like to resolve and see it clearly in your mind before entering the labyrinth mouth.

On the Way In:

On your 1st circuit (Circuit 3 of the labyrinth path), consider what you THINK about the question

On your 2nd circuit, (Circuit 2), consider how you FEEL about the question

On your 3rd circuit (Circuit 1), consider the PHYSICAL issues surround the question

On your 4th circuit (Circuit 4), consider the PERSONAL SPIRITUAL aspects of the question

On your 5th circuit (Circuit 5), call upon DIVINITY as you see it

On your 6th circuit (Circuit 6), look for the VISION or solution to the problem

On your 7th circuit (Circuit 7), consider the FIRST STEP in resolving the issue

On entering the goal (Circuit 8), EMPTY your mind completely, creating the opportunity for something new to come in

On the Way Out:

While you are still in the goal (Circuit 8), connect with Spirit and allow yourself to be FILLED with inspiration

On your 1st circuit, (Circuit 7), envision the FIRST STEP along the way to implementing a solution

On your 2nd circuit (Circuit 6), see the VISION you have becoming reality

On your 3rd circuit (Circuit 5), thank the DIVINE

On your 4th circuit (Circuit 4), look at the PERSONAL SPIRITUAL aspects of the way forward

On your 5th circuit (Circuit 1), consider the PHYSICAL implications

On your 6th circuit (Circuit 2), consider how you FEEL about the situation now

On your 7th circuit (Circuit 3), consider what your THOUGHTS are

On reaching the mouth of the labyrinth, turn, give thanks for the help that you have received and exit.